

Ensure® Enlive®

Advanced Therapeutic Nutrition

HMB FOR MUSCLE HEALTH
+ PROTEIN




Usage

ENSURE ENLIVE is our most advanced nutritional product, designed to help rebuild strength and energy from the inside, with an ALL-IN-ONE blend to support muscle, bone, heart, immune, and digestive tract health. Ensure Enlive is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury, and surgery.

- For oral use
- Recommend 2 servings per day in addition to a healthy diet
- Not for sole-source nutrition
- Not for IV use

Features

- 1.5 g of CaHMB (calcium β -hydroxy- β -methylbutyrate), plus 20 g of high-quality protein/serving to help maintain muscle health
- Excellent source (610 mg/serving) of plant-based omega-3 fatty acid ALA (40% of 1.6 g DV) to support heart health
- Excellent source of antioxidants (Vitamins C, E, and Selenium) to support normal immune function
- 3 g of prebiotic fiber to support growth of good bacteria in the digestive tract
- 120% DV of vitamin D and 50% DV of calcium to support strong bones
- 26 essential vitamins and minerals
- High in calories (1.5 Cal/mL) and excellent source of protein (20 g/serving)
- Kosher, Halal  (certain flavors), gluten-free, suitable for lactose intolerance,* low-residue

Availability

Flavor	List No.	NDC Format Code
— 8-fl-oz reclosable bottle; 24/case		
Vanilla	64286	70074-0642-90
Milk Chocolate	64283	70074-0642-84
Strawberry	64281	70074-0642-82

*Not for people with galactosemia.

Technical Data	
(Vanilla)	
Nutrient Density (Cal/mL)	1.5
Protein (% Cal)	23
Carbohydrate (% Cal)	49
Fat (% Cal)	28
Kosher	Yes
Halal (certain flavors)	Yes
Gluten-free	Yes
Suitable for Lactose Intolerance*	Yes
Contains Fiber	Yes
Total Cal/g Nitrogen	109:1
Nonprotein Cal/g Nitrogen	86:1
Osmolality, mOsm/kg H2O	820 (van)/920 (choc)
Renal Solute Load, mOsm/L	592
Viscosity	
Thin (Room Temperature)	
Nectar-like (Chilled)	
* Not for people with galactosemia	

Nutrition Information (Vanilla)	8 fl oz (237 mL)		% DV
	Calories	350	
Calories from Fat	100		
Protein, g	20		40
CaHMB, g	1.5		
Total Carbohydrate, g	44		15
Dietary Fiber, g	3		12
Sugars, g	20		
Total Fat, g	11		17
Saturated Fat, g	1.5		8
Trans Fat, g	0		
Polyunsaturated Fat, g	3.5		
Monounsaturated Fat, g	5		
Cholesterol, mg	10		3
Water, g/mL/cc	180		
Vitamin A, IU	750		15
Vitamin D, IU	480		120
Vitamin E, IU	30		100
Vitamin K, mcg	20		25
Vitamin C, mg	60		100
Folate, mcg	160		40
Thiamin (Vit B ₁), mg	0.38		25
Riboflavin (Vit B ₂), mg	0.43		25

Nutrition Information (Vanilla)	8 fl oz (237 mL)		% DV
	Vitamin B ₆ , mg	0.5	
Vitamin B ₁₂ , mcg	3		50
Niacin, mg	5		25
Biotin, mcg	75		25
Pantothenic Acid, mg	2.5		25
Sodium, mg	240		10
Sodium, mEq	10.4		
Potassium, mg	560		16%
Potassium, mEq	14.3		
Calcium, mg	500		50
Calcium, mEq	25		
Phosphorus, mg	350		35
Phosphorus, mEq	22.6		
Magnesium, mg	100		25
Iodine, mg	38		25
Manganese, mg	0.5		25
Copper, mg	0.5		25
Zinc, mg	10.5		70
Iron, mg	4.5		25
Selenium, mcg	56		80
Chromium, mcg	30		25
Molybdenum, mcg	19		25
Choline, mg	82.5		15

Ingredients

(Vanilla) Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Corn Oil, Soy Protein Isolate, Short-Chain Fructooligosaccharides, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Whey Protein Concentrate; **Less than 0.5% of:** Potassium Citrate, Natural and Artificial Flavor, Potassium Phosphate, Cellulose Gel, Calcium Carbonate, Magnesium Hydroxide, Sodium Phosphate, Ascorbic Acid, Distilled Monoglycerides, Soy Lecithin, Choline Chloride, Cellulose Gum, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Selenate, Biotin, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin D3 And Cyanocobalamin.

(Commodity Number C0615)

Contains milk and soy ingredients.

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