Ensure® Enlive®

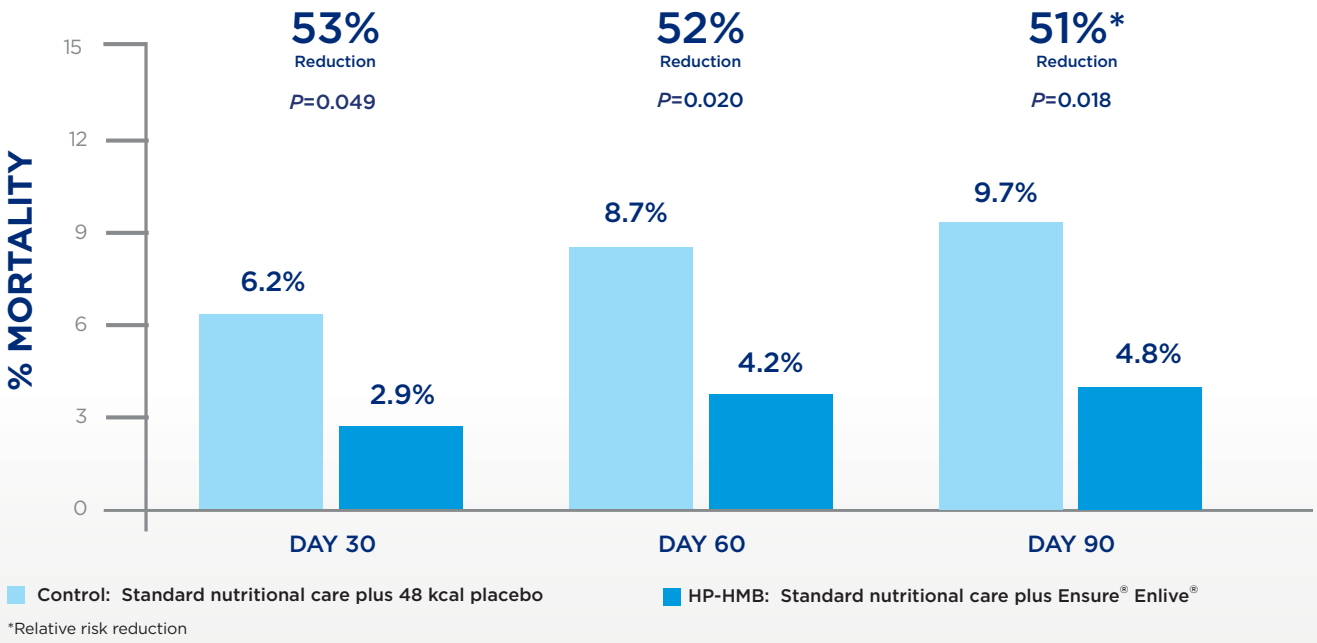
The NOURISH Study: Investigated the impact of Ensure Enlive high-protein oral nutritional supplement with HMB (ß-hydroxy-ß-methylbutyrate).[1]

Patient Population: 652 malnourished hospitalized patients aged ≥65 years with congestive heart failure, acute myocardial infarction, pneumonia, or chronic obstructive pulmonary disease were randomized to control (standard of care) or Ensure Enlive

Study Design: Prospective, randomized, double-blind, placebo-controlled, nutritional intervention study conducted at 78 sites

Primary Composite Endpoint: Readmission or mortality through 90 days post-discharge

Ensure Enlive Decreased Mortality Through 90 Days Post-hospital Discharge[1]



*Relative risk reduction

Ensure Enlive led to a consistent and marked reduction in mortality through 90 days post-discharge, and similar readmission rates between groups.[1]

Ensure Enlive improved health outcomes within 90 days[1]

Improved nutritional status

Better weight gain

Improvement in serum vitamin D

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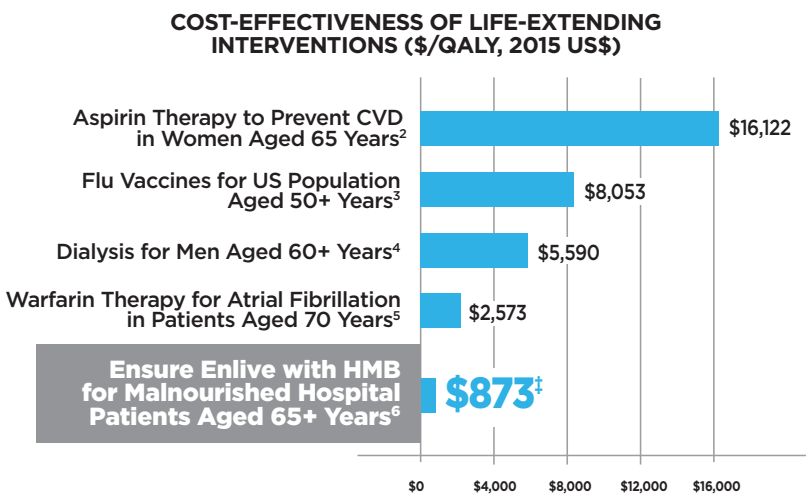
At $5 Per Day, Ensure® Enlive® Is a Cost-effective Intervention for Improving Patient Outcomes†,6



NUMBER NEEDED TO TREAT (NNT)

21
NNT TO PREVENT ONE DEATH WITH ENSURE ENLIVE WITH HMB FOR MALNOURISHED HOSPITAL PATIENTS AGED 65+ YEARS[1]

83
NNT TO SAVE 1 LIFE IN PEOPLE WITH KNOWN HEART DISEASE THAT TOOK STATINS FOR 5 YEARS[7]

99
NNT TO PREVENT ONE DEATH WITH FLU VACCINE FOR US POPULATION AGED ≥50 YEARS[3]

Help Improve Patient Outcomes by Recommending

Ensure Enlive: HMB + 20g Protein

A Patented Formula: Ensure Enlive is the only complete, balanced nutrition shake that has the unique ingredient HMB, plus high-quality protein, to help rebuild lost muscle.

HMB can help reduce protein degradation in skeletal muscle cells[2]

Ensure
STRENGTH **FOR LIFE**

References:

1. Deutz NE et al. Readmission and mortality in malnourished, older, hospitalized adults treated with a specialized oral nutritional supplement: A randomized clinical trial, *Clin Nutr*; 2016 [Epub ahead of print]. http://dx.doi. org/10.1016/j.clnu.2015.12.010. **2.** Eley HL, e al. *Am J Physiol Endocrinol Metab.* 2008;295:E1417-E1426. **3.** Maciosek MV, et al. *Am J Prev Med.* 2006;31(1):72-79. **4.** Desai AA, et al. *Arch Int Med.* 2008;168(16):1761-1767. **5.** O'Brien CL, et al. *JAMA.* 2005;293(6):699-706. **6.** Data on file. **7.** http://www.thennt.com/

† Economic modeling using data from the NOURISH trial indicated Ensure Enlive increased projected life expectancy by 8.5 months in malnourished, cardiopulmonary patients aged 65 years or older.

‡ Men critically ill with kidney injury.

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